

The Power of Uncompromising Truth

Many dads are decent and basically say the right things. Why then do their wives secretly resent them? Why does the daughter feel he has failed her, and why is there a distance between her and him? Why is the son angry and rebellious?

And if the kids are conformists, seemingly doing all the right things, why do they go on to lives that end in disease and suffering. Why indeed.

The problem is that dad, although saying the right things, does not say them strongly enough. Most dads are wimps. They do the will of their wife and their boss. They tow the party line, and they uphold the status quo. Those dads who speak up strongly usually do so angrily, and the anger, being a failure, taints their message.

Other dads do honor what is right and do recognize what is right, but they stand silently by because of some feeling of inferiority or guilt. Such a dad fails to speak up because he does not feel qualified to do so. Or he fails to speak up because he is or was involved in the very thing he should speak up about.

In order to understand how dads fail and what the result is for their family, we will discuss the subject in detail. From the outset, let me state the bottom line. Dad stands in for God in the eyes of the child. This is dad's role: he must represent what is right clearly and unmistakably. He cannot have any vices and he must have outgrown or be in the process of outgrowing any need for worldly approval and support.

He must see clearly what is right and not doubt it. He must speak honestly and firmly about what is right without vacillation. He must also be able to express what is right without anger—anger itself being a failing. The man of faith does not need anger to support himself or what he is saying. His invisible support comes from a bond with his Creator within.

He must also live what is right. He cannot lecture about drugs while holding a marijuana cigarette in his hands.

Dad can only do these things if he has faith, wisdom, longsuffering, kindness, firmness, honor, and courage. Any doubt on his part, any vacillation, and selfish indulgence and he fails. And when he fails, the whole family suffers.

It is simply impossible for a dad to have the super strength and faith to withstand the subtle pressures of the world without an inner bond with his Creator. He must have the kind of relationship that Moses, David, the prophets, or Jesus had with the Father.

If he looks to the church, to his wife, to his company, to medicine, to the doctor, to the government, or anyone for support, his roots will go out into the world and he will fail.

That is why so called good Christians, who go to church and say all the right things, often ultimately fail and cause their families to secretly or openly suffer. Their so called faith is emotional and is based on words, study, and other people. It is worldly in other words. All their churchianity saves them from is the Truth: that they have not yet found an inner bond with the Creator. They are Christian, but not Christian enough.

by Roland Trujillo



For the time being, let's put aside discussion of the violent, abusive, drunken, drug taking or womanizing man. He is obviously wrong and cannot possibly do any good. Let's also put aside discussion about the angry, self righteous dad who forces religion on his family. He is also obviously wrong.

Let's also put aside discussion of the hypocritical dad—who puts on an act for others but who is secretly wrong. This person is also obviously wrong (at least to the perceptive observer).

About the above, I would say that there is not much hope for them, unless they realize in the Light of Truth that they are wrong and become truly sorry. Unfortunately, this is rare, because most people do not want to admit they are wrong. Even when they do, it is only to save their pride, put on a show for others, and prevent the loss of perks or privileges. However, I will say that the dad who has a keen sense of justice and who is angry over injustice has a chance of recovering if he can see that it is anger and resentment that made him wrong.

The angry dad must learn to give up anger, standing for what is right with resolve and patient endurance. The wimpy dad must learn to give up the support of his wife, friends and other worldly affiliations. He must stand for what is right, and stand alone if necessary. He must only look to God for approval.

Before proceeding, let me say that as the child of a failing dad, your only hope of recovering from *your* problems is to forgive your parents, especially your dad.

Otherwise, your lack of forgiveness keeps you tied to his wrong, and makes you an extension of that wrong. You will be destined to become like your dad or to continue hating and serving men like your dad all your life. Your continuing unforgiveness blocks you from recovery and your continued emotionality will result in relationship, health, and financial problems.

Sin enters our life through our reactions. It is our reactions that ties us to it and opens us up to some sort of mutuality. It is a bonding, a sharing, and a merging— physical, mental, even spiritual. The more we get into it, the more it gets into us. So it is with any sin. And so it comes to pass that when we resent our parents or hate them, whatever was wrong with them gets into us and affects us. We might continue to react with great aversion to it emotionally, but its mark within us has bonded us to it, and that is why we find ourselves attracted to it and needing it.

Hatred of the parent is what permits the seeds of error—the very error that got into them through their hatred of their parents—and via the emotional connection the error is passed on.

You see there is always a chain reaction, which if not interrupted, continues the operation of the initial cause all the way to the end. For example, idea leads to emotion, and emotion leads to action. The action leads to a result. Then another's response to that action leads to thought, more emotion, then their action. The chain continues, and the final result is the just due process of the original cause, extending through a chain of idea, emotion, idea, emotion. Our emotions, and other's emotions.

Here's another example. A person reacts emotionally to another's words. The emotion leads to thought, then action. That action may be external or internal. The internal action is the hormonal changes and mental rearrangements that occur as a result of the emotional reaction. The continued mental and emotional reaction can eventually result in some sort of physical distress (such as upset stomach, colitis, headache, and so on).

When the distress becomes established, it can become an illness or physical ailment. Of course, we then perpetuate the condition through our emotional reaction (often anger or resentment) toward the condition itself. When this happens, the original cause becomes translated through the emotional reaction into a further condition, such as more upset.

The upset can also lead to some self destructive action with obvious tragic results. Let's suppose the person seeks medical treatment (drugs or an operation) for the physical ailment. In this case, the ailment may appear to be cured, but the chain link of cause and effect remains, perhaps to surface as another ailment or symptom.

The only thing that can stop the chain is when the person stops reacting emotionally or resentfully to anything having to do with the original circumstances (even the symptoms themselves). When the person stops reacting due to being distracted or by substituting positive thinking, the chain remains but becomes temporarily inactive, the illness may go into remission, the mental or physical sequelae may cease. But when the distraction weakens, the positive thinking diminishes, or some circumstance occurs which reminds the person (even subconsciously) of some part of the chain to which they react emotionally—the whole thing comes back, and the link to the original cause is back, affecting the present. Exorcising an affected part or treating the symptoms does not break the chain going back to the original cause.

It is only when the person has a change of heart that is permanent, due to responding to an intervening counter cause, that a permanent cure is effected.

When we respond with belief to reason, love, and above all God, that to which we respond becomes the new cause. Our repentance, awareness, and answering love become the new “emotional” response that instigates a new chain—this time of positive changes and good. This new chain begins with good, to which we respond with belief, which leads to a change of heart, and then new ideas and actions based on a response to Good & Truth. Remember how the old negative chain began: with a response to the evil or error in another.

The new chain begins with our response to reason or goodness. When we respond positively to God's chastising Presence with belief and repentance, we are changed for the better. Reason and love enter our life and bring about a positive change. We then observe the positive changes, which results in a response of faith and a further commitment to let God run our life. Something new comes into being within, which we are not consciously aware of, but of which we can see the results in our life.

Perhaps now you can see the harm of any emotional reaction to error, wrong, or to the physical symptoms that result from error. Remember--the chain is maintained through response. It does not matter whether you resent the original person who began your slide, whether you resent the image, the memory, someone who resembles that person, your ailment, your symptoms, or your wasted life. Any resentment only continues the chain.

That is why you must learn to be patient with others. When you resent them, you not only keep alive the error operating in your life, but your resentment also serves to change another negatively if they react to your resentment.

You must also learn to be patient with your symptoms. Each symptom tells a story. If you can observe it calmly, you may be able to see the cause of that reaction/symptom. Then gazing at that cause, you will be able to see what caused it. In other words, there is usually a very long string of cause and effects. There was an original cause, followed by a series of intermediate causes and effects.

When it comes to most of our problems, the cause and effect sequence involves idea and emotion. Usually, somewhere along the line we react with emotion to some suggestion. The suggestion is, of course an idea or notion. Through our reaction the notion gets into our head, and then we begin to toy with it in our mind.

The mental energy we exert only strengthens it until we tire and give in to it. Later it comes back, and the whole sequence is repeated.

A person can make themselves very sick or very guilty though this mental process of struggle and toying. Of course, ideas and emotions lead somewhere. And they generally lead to acting out the idea (originally suggested by another). Then begins another sequence of struggle, toying, and giving in—now to perform the act. After we perform the act, we are disgusted with ourselves. This disgust is but another emotional reaction, and in the matrix of that negative emotion, a crop of related ideas arise, negative, morbid and self destructive.

After a period of struggle, we usually end up giving in to the idea which becomes an internal pressure.

But remember what we said about the cause/effect/thought/emotion sequence. When we react to anything with emotion (or resentment), we thereby guarantee that the sequence/chain will continue. Everything leads to completion. And the completion for an emotion is expression. Therefore, your reaction must result in some sort of expression. That expression could be an external action (for which you are usually sorry) or an internal one. When we repress ourselves, the expression can be inner turmoil, a physical symptom or ailment. Nervous breakdown, hysterical deafness, ulcer, colitis, asthma, allergy, high blood pressure, diabetes, stroke, heart trouble, and elevated cholesterol levels in the blood are just a short list of what bottled up emotions can contribute too.

An act of severe repression can result in the suggestion being wiped from the conscious mind, but it will act itself out in some way.

Let's take another example: a person reacts to some suggestion, becomes angry, and then goes off and dumps on someone else. Now the problem may be transferred to the other. The person dumped on now reacts to the injustice or false accusation with anger, resentment, or excitement. What is transferred is not only an emotional reaction, but also an exchange of idea and whatever is passed along in the chain of sin. The chain of sin began long ago, and it continues to be passed on from generation to generation, from person to person, until salvation is found.

In order for the cycle to be broken, something must come between the sin and the sinner. Otherwise, the symptoms and the error keep operating and being reacted to, spreading through the person's life and on to others. And the breaking of the cycle will only occur when you are able to see the error in the clear Light of Truth. What is added is the Light of Truth. And what permits it to be added is the soul's sincere desire to know the Truth, together with the method of standing back and observing.

In the realm of ideas, one can see that Nazism, Communism, or any other ism spreads through the response of belief and emotion. Even those who oppose the faulty ism, but who react emotionally to it, also become infected with it.

The amazing thing about Truth is that it has the power to resolve and dissolve error. When a person sees, in the clear light, that error is error, it no longer can operate as before. The other thing the person must observe is his or her own emotional response to the error. That emotional response is wrong, and he must also see it as wrong.

At this point I would like to pause and restate the above principle because it is very important. Many of us have the erroneous belief that hating something wrong makes us right; that resenting wrong makes us good, or that fighting wrong with anger makes us just. While it is true that one side has more truth, if you fight the wrong side with hostility you become just as bad as the other. The classic example is the rigid, Bible thumping parent who is correct in what they say but wrong in how they say it. That type of parent can literally drive the children into embracing wrong. Likewise, the angry or excited person can give energy to the wrong by way of the emotional opposition. Additionally, the angry or upset person—though correctly opposed to some injustice or wrong—is incorrect in fighting the wrong with emotion. This can also drain and fatigue the person to the extent that they self destruct, become sick, or become too weak to oppose the wrong.

Can you now see the wisdom in Christ's statement: "resist not evil, overcome evil with good." In this case, "good" means not being resentful and emotional. The good is in the Light and Truth that stands behind the awareness. The awareness itself is not good, it is clear because of the soul which yearns for Truth and does not interfere with its perception. It is innocent to observe what is true. This desire to know the Truth must then be accompanied with a willingness to act upon what one is given to know. When you act in Light of the Truth, that truth becomes operational in one's life. It becomes a force that others then respond to or react to. Can you see that if your problems and symptoms came into existence through misbeliefs, responding to wrong, and reacting emotionally to wrong, then it stands to reason that a problem free and healthy existence must come to pass through responding to Wisdom. The Light of Truth is not only true and good (which is beneficial for us to respond to)

The person dumped on now has the beginning of an emotional problem, plus the idea is transferred to his head.

Can you see how perfect faith and perfect love are protections against unfortunate notions?

When a person has faith, they are immune to negative suggestions (such as "God hates you, your doomed, you're responsible for saving others, etc.). Perfect love for God prevents responding excitedly to notions of betraying Him. Perfect love for others stops us from notions about using them.

In other words, if you trusted in God completely and desired only to do His will, and you had absolutely no interest in using others, you would not err.

However, this does not mean that you would not still be tempted/tested. For the rest of your life people will tempt and test your faith and loyalty to what is Right. The key for you is learning how to deal with such tests.

The old way is to react with excitement (to the possibility of personal gain) or with resentment to the challenge, the other person, or one's own reaction.

Calm detached observation keeps out error. Emotional reaction lets it in. And once it gets in, it can continue to torment you until you make the mistake of resenting the mental torment, struggling with it or giving in to it.

Can you see that standing back and observing from the meditative neutral zone is tantamount to having faith?